

# **FOOD DIRECTORY**

Shops Selling Locally Produced Food In & Around Cuckfield



2011-2012

Compiled by Cuckfield Local Volunteers <a href="http://cuckfieldlocal.wordpress.com">http://cuckfieldlocal.wordpress.com</a>

NB. Shops and producers in **BOLD** are also stallholders at the Cuckfield Local Market, held in the courtyard of The Talbot pub on the 2nd Saturday of the month (excluding January).

1	Barnards Bakery 110 High Street, Henfield, West Sussex, BN5 9DA Tel. 01273 492 165 www.barnardbakers.co.uk	Selling bread and cakes. Suppliers to Paternosters and Old Mill Farm shop.
2	Bowders Farm Haywards Heath Road, Balcombe, Haywards Heath, West Sussex, RH17 6QH Tel. 01444 811 397	Oven ready game shop.
3	CHANCTONBURY GAME North Farm, Washington, West Sussex, RH20 4BB Tel. 01903 877 551 www.chanctonburygame.co.uk	Venison, grouse, partridge, pheasant, rabbit & hare, pigeon, duck and other local game meats subject to season. Just off of the A24.
4	CLOUGHS DELICATESSEN 27-31 Sunte Avenue, Lindfield, Haywards Heath, West Sussex, RH16 2AB Tel. 01444 452 060	Deli selling a wide range of local cheeses, as well as ham and olives and much more.
5	Cuckfield Candy Store and More High Street, Cuckfield, West Sussex, RH17 5JU Tel. 01444 474 936	Traditional sweet and toy shop selling Downsview ice cream.
6	CYRNEL BAKERY Lower Road, Forest Row, East Sussex, RH18 5HE Tel. 01342 822 283	Village baker offering a good selection of bread made from top-quality flour (most of which is organic or biodynamic). Local flour, eggs and cheese are used.
7	Denniker Farm Shop Denniker Farmhouse, Fletching, Uckfield, East Sussex, TN22 3SH Tel. 01825 722 038 www.denniker.co.uk	Suppliers of free-range and locally sourced meat and produce. Fish available on Fridays (12.45pm to 1.45pm).

8	Fellows Bakery Sussex House, Street Lane, Ardingly, West Sussex, RH17 6UA Tel. 01444 892 257	Traditional bakery. Bread sold at Wealden Stores.
9	Flaneur Deli Clock House, High Street, Cuckfield, Haywards Heath, West Sussex, RH17 5JX Tel. 01444 454 190	French style deli selling local cakes, bread, cheeses and tea. Sells Real Patisserie bread and Wobblegate apple juice.
10	Grape & Grain 51 The Broadway, Haywards Heath, West Sussex, RH16 3AS Tel. 01444 456 217 www.grapegrain.co.uk	Vintner and deli selling local wines, cheeses, preserves and much more.
11	Handcross Hardware and Craft Dudley House, High Street, Handcross, Haywards Heath, West Sussex RH17 6BL Tel. 01444 400 212 www.handcrosshardwareandcra ft.co.uk	Hardware shop selling local cakes, bread etc.
12	Harvey & Son (Lewes) Ltd. The Bridge Wharf Brewery, 6 Cliffe High Street, Lewes, East Sussex, BN7 2AH Tel. 01273 480 217 www.harveys.org.uk	Brewery shop selling beers and wines.
13	Holmans Bridge Farm Townlittleworth Road, Barcombe, East Sussex, BN8 4TD Tel. 01273 401 964 www.holmansbridgefarm.co.uk	Farm shop selling a variety of meat, Harvey's sausages, cakes, meringues, relishes, chutneys, scotch eggs, quiches, pies, pasties and bread. Produce is handmade and either produced on site or by other local suppliers.

14	Little Warren Farm Fletching Common, Newick, East Sussex, BN8 4JH Tel. 01825 722 545	Specialist small-scale farm producing organic veal and organic beef. All calves are reared naturally and humanely, and suckled on Jersey cows for six months. Soil Association registered. Whole carcasses or cuts to individual requirements. Ready freezer meals also available.
15	LOWER LAINES ORGANIC FARM Newbury Lane, Cuckfield, West Sussex, RH17 5JR	Farm shop operating an honesty system and selling fresh seasonal vegetables, eggs and Cooks-Field cakes.
16	Oathall Community College School Farm Appledore Gardens, Haywards Heath, West Sussex, RH16 2AQ Tel. 01444 883 211 www.oathallfarm.org.uk	College farm selling pork, beef and lamb as well as vegetables and fruit. Open Fridays 12-5pm.
17	OLD MILL FARM Cowfold Road, Bolney, Haywards Heath, West Sussex, RH17 5SE Tel. 01444 881 356 www.oldmillfarmshop.co.uk	Farm shop selling fresh fruit and vegetables, jams, marmalades, chutneys, condiments, milk and cream, cheese, fresh bread, tea, cakes, honey and Wobblegate pure apple juice.  NB - The award winning WOBBLEGATE APPLE JUICE is sold at the Cuckfield Local market.
18	Old Spot Farm Shop Old Spot Farm, Piltdown, Uckfield, East Sussex, TN22 3XN Tel. 01825 722 894 www.oldspotfarmshop.co.uk	Farm shop selling organic & additive free Sussex farmhouse produce including meats and deli, jams, honey, bread, juices and wines. Many produced locally.

19	Paternosters Farm Warninglid, Haywards Heath, West Sussex, RH17 5SL Tel. 01444 461 474 www.paternostersfarm.webs.co m	Farm Shop & PYO. Apple Juice from Bramley and Cox apples. Home made jams from own fruit. Paynes Honey, Fudge, Chutney etc. High Weald Cheeses. Sussex Charmer. Staplefield Organics salad packs. Meat from Butterbox Farm. Eggs from Griffith's Farm Horstead Keynes. Bread from Barnards Bakery Henfield. Veg from Brighton Wholesale Market.
20	Paynes Southdown Bee Farms Ltd. Bentley Cottage, Wickham Hill, Hassocks, West Sussex, BN6 9NP Tel. 01273 843 388 www.paynesbeefarm.co.uk	Bee farm with a shop for everything bee related.
21	Plawhatch Farm Shop Plawhatch Lane, Sharpthorne, East Grinstead, West Sussex, RH19 4JL Tel. 01342 810 201 www.tablehurstandplawhatch.co .uk	Part of the Tablehurst and Plawhatch Community Farm project. Certified Demeter shop selling biodynamic cow's cheese and yoghurt, meat from Tablehurst farm, fruit and veg, eggs and even sheep wool when in season.
22	S K Hutchings Butcher Myers House, The High Street, Partridge Green, Horsham, West Sussex, RH13 8HU Tel. 01403 710 209	Family run business offering customers a selection of meats including beef from its own herd, homemade pies, cold meats and cheeses.
23	Sparks Farm Staplefield Road, Cuckfield, West Sussex, RH17 5HY Tel. 01444 441 511 www.sparksfarm.co.uk	Pet and garden supplies shop with a sideline in local produce - Paynes Honey, curds and chutneys, Sussex Gold rapeseed oil, sauces, dressings & Cooks-Field Cakes.

24	Sussex Crafts Sussex Crafts, 45 High Street, Cuckfield, West Sussex, RH17 5JU Tel. 01444 455 611 www.sussexcraftsltd.co.uk	Craft shop selling free range eggs from Teagues Farm, Scaynes Hill.
25	Swains Farm Shop & Garden Centre Henfield Common East, Brighton Road, HENFIELD, West Sussex, BN5 9RP Tel. 01273 494 582 www.swainsfarmshop.co.uk	Farm shop selling fresh fruit & vegetables, locally sourced dairy produce, home-made cakes & preserves, meats, salads, pork pies, as well as a full range of garden centre products. Open 7 days a week.
26	Tablehurst Farm Shop Tablehurst Farm, Forest Row, East Sussex, RH18 5DP Tel. 01342 823 173 www.tablehurstandplawhatch.co.uk	Part of the Tablehurst and Plawhatch Community Farm project. Primarily a butchers shop but also selling eggs, flour and apple juice, some vegetables in season, organic dairy produce from Plawhatch Farm and other local products.
27	The Corner House High Street, Cuckfield, West Sussex, RH17 5EN Tel. 01444 454 407	Cafe/coffee shop selling Button Bake Co cakes and cupcakes, as well as bread from Fellows Bakery.
28	THE FRESH FISH SHOP Commercial Square, Haywards Heath, West Sussex, RH16 1EA Tel. 01444 451 830 www.thefreshfishshop.com	Fresh fish shop with a good range of produce.
29	THE OAKS POULTRY FARM Common Lane, Ditchling Common, Hassocks, West Sussex, BN6 8TN Tel. 01273 843 235	Raising and selling their own beef, pork, chickens, ducks, geese and turkeys. All of the poultry is humanely slaughtered on the farm and all of the meat is butchered in their own cutting room. Lamb is sourced from local farms.

30	The Old Dairy Farm & Shop Sliders Lane, Furners Green, Uckfield, TN22 3RT Tel. 01825 790 517 www.theolddairyfarmshop.co.uk	Farm shop selling meat and eggs. Selection boxes available.
31	The Union Jack Farm Shop Chates Cottage, Henfield Road, Cowfold, Horsham, West Sussex, RH13 8DU Tel. 01403 865 386 www.unionjackfarmshop.co.uk	Family run shop providing a range of local free range meats and poultry, fresh fruit and veg, cheese and pies, cakes, bread, biscuits and puddings, monastery cider, local ale and juices.
32	Townings Farm Plumpton Road, North Chailey, Lewes, West Sussex, BN8 4EJ Tel. 01444 471 352 www.towningsfarm.co.uk/ shop.html	Farm shop selling beef and lamb produced on the farm, as well as turkeys for Christmas. Veg is sourced locally wherever possible and pumpkins are grown on the farm. They also sell local cheese, milk, ice-cream, ham, preserves, apple and pear juice. Wool comes from the sheep on the farm.
33	Tulleys Farm Turners Hill, Crawley, West Sussex, RH10 4PE Tel. 01342 718 472 www.tulleysfarm.com	Extensively stocked farm shop with tea room and PYO.
34	Wealden Stores Wealden House, Whitemans Green, Haywards Heath, West Sussex, RH17 5BY Tel. 01444 454 013	General store stocking: High Weald Dairy cow, goat and sheep heeses; Cooks-Field cakes; Bread from Fellows Bakery, Ardingly and The Real Patisserie, Brighton; Local honey when in season; Sussex Valley mayonnaise and dressings; Montezuma Chocolate; Speldhurst Bacon and Sausages.

## Local producers selling online...

BARTIES SUSSEX FAIRE 23 Munnion Road, Ardingly, West Sussex, RH17 6RT Tel. 01444 892 376 www.sussexfaire.co.uk	Home made preserves made using local produce wherever possible. Barties is sold at numerous local food markets as well as being available online.
Bolney Wine Estate Bookers Vineyard, Foxhole Lane, West Sussex, RH17 5NB Tel. 01444 881 575 www.bookersvineyard.co.uk	Vineyard and award winning English wine producer.
Button Bake Co. Kitchen Unit Hillmans Business Park, West Sussex, Haywards Heath, RH17 5NN Tel. 01444 882 123 www.buttonbake.co.uk	Retail and wholesale cakes made using local ingredients and free range eggs. Gluten free and dairy free also available. Special occasion cakes ranging from wedding cupcake tiers to giant panda bears.
Cocoa Loco The Chocolate Barn, Hill House Farm, West Grinstead, West Sussex, RH13 8LG Tel. 01403 865 687 www.cocoaloco.co.uk	Small company making a range of organic chocolates and baked products based in Sussex.
Court Gardens Farm Orchard Lane, Ditchling, East Sussex, BN6 8TH Tel. 01273 842 239 www.courtgardensfarm.co.uk	Locally produced wine and vineyard tours by appointment.
Dark Star Brewing Co 22 Star Road, Partridge Green, West Sussex, RH13 8RA Tel. 01403 713 085 www.darkstarbrewing.co.uk	Locally brewed real ale.
Fletching Glasshouses The Glasshouses, Fletching Common, East Sussex, BN 8 4JJ Tel. 0845 226 8026 www.fletchingglasshouses.co.uk	Organic vegetables sold to individual customers via online shop. Also found at local Farmers Markets, Sussex Produce Co., Bill's and Middle Farm, organic box schemes such as Crumbs and Greenfield.

# Local producers selling online...

Greens 0800 6125 834 www.deliveryourgreens.co.uk	Delivering Sussex wines, beers, sauces, jams, pickles, honey, rapeseed oil, marinades, apple juice, lemonade and cheeses to your door. Also veg boxes, salad and fruit boxes, mixed boxes and meat boxes.
Manjira Ltd PO Box 564, Haywards Heath, West Sussex, RH16 3AZ Tel. 01444 413 190 www.manjira.com	Chutneys made without sugar or vinegar, and also gluten and additive free.
Ouse Valley Foods Plumpton Green Studios, St Helena Lane, Plumpton Green, East Sussex, BN7 3DQ Tel. 01273 891 893 www.jj-ideas.co.uk	Jams, jellies, marmalades and chutneys as well as cakes and meringues.
Ridgeview Wine Estate Fagbarrow Lane, Ditchling Common, West Sussex, BN6 8TP Tel. 08453 457 292 www.ridgeview.co.uk	Award winning wine producer.
Sussex Gold Priors Byne Farm, Bines Road, Partridge Green, West Sussex, RH13 8EQ Tel. 01403 711 956 www.sussexgold.co.uk	Extra virgin rapeseed oil. Various flavours / infusions available.
WORLD COFFEES The Old Forge, Denmans Lane, Haywards Heath, West Sussex RH16 2LB. Tel. 01444 482 140 www.worldcoffees.co.uk	Coffee beans sourced from around the world, including fairtrade and decaffinated. The beans are roasted to order and ground on site just hours before delivery.

# Finally, local producers to look out for when shopping and miscellaneous entries...

Besmoke Unit C1, Blacklands Farm, Albourne Road, Henfield, West Sussex, BN5 9AT Tel. 01273 491 114 www.besmoke.com	The UK's leading naturally smoked food company producing traditionally smoked garlic, spices and vegetables. Sold at Grape & Grain.
Cooks-Field Cakes Tel. 01444 457 293 www.southbrockwellsfarm.co.uk/ cakes.asp	Home made cakes and tray bakes made in Cuckfield and Cooksbridge. Made using traditional recipes and Sussex free-range eggs. They never use artificial preservatives or additives. Sold at Lower Laines Organic Farm, Sparks Farm and Wealden Stores amongst others.
Dainty Bites Tel. 01444 440 867	Home made cakes and cupcakes.
Downsview Farmhouse Sussex Ice Cream Downsview Farm, Laughton Road, Ringmer, East Sussex, BN8 5UT Tel. 01825 841 002 www.downsviewfarm.co.uk	Ice cream sold at the Old Mill Farm and Cuckfield Candy Store amongst others.
Noanahs Organics Nolands Farm, Station Road, Plumpton Green, Lewes, East Sussex, BN7 3BT Tel. 01273 890 295	Organically grown seasonal vegetables and salads. PYO welcome.
Plumpton College Ditchling Road, Plumpton, Lewes, East Sussex, BN7 3AE Tel. 01273 890 454 www.plumpton.ac.uk	Producers of still and sparkling wine as well as beef, organic lamb and pork.

# Finally, local producers to look out for when shopping and miscellaneous entries...

Richard Markwick Honey Deaks Lane, Ansty, West Sussex, RH17 5AD	Honey producer. Local outlets when in season.
Sewards Strawberries Stairbridge Lane, Bolney, West Sussex, RH17 5PA www.sewardsstrawberries.co.uk	Family run PYO strawberry farm - seasonal. Check website for opening times.
Sidnye Farm Sidnye Farm House, Cherry Lane, Cuckfield, Haywards Heath, West Sussex, RH17 5JW Tel. 01444 454 359	Gate sales for lamb meat. Phone ahead to check availability.
STAPLEFIELD ORGANICS Staplefield, West Sussex, RH17 6EW	Growing organic salads and edible flowers - sold at Paternosters and Infinity Foods (Brighton). Occasional Cuckfield Local market stallholder.
Sussex High Weald Dairy High Weald Dairy LLP, Tremains Farm, Tremains Road, Horsted Keynes, Haywards Heath, West Sussex, RH17 7EA Tel. 01825 791 636 www.highwealddairy.co.uk	Award winning cheese producer. Sold in Wealden Stores, Flaneur, Old Mill Farm, Paternosters, Cloughs and many more local stores.
The Intolerable Food Company Kings Wood Cottage, Ketches Lane, Uckfield, Sheffield Park, East Sussex, TN22 3RX Tel. 01825 790 090 www.intolerablefood.com	Gluten and dairy free frozen ready meals delivered locally.

## **Quick Reference**

#### **DAIRY**

Downsview Farmhouse Sussex Ice Cream S K Hutchings (s)
Sussex High Weald Dairy

#### **CONFECTIONARY & CHOCOLATE**

Cocoa Loco Cuckfield Candy Store & More (s)

#### **BAKED GOODS**

Barnards Bakery (s)
Button Bake Co.
Cyrnel Bakery (s)
Fellows Bakery (s)
The Corner House (s)
Dainty Bites

### **EGGS**

All Farm Shops listed below plus Sussex Crafts (s) The Oaks Poultry Farm (s) etc...

#### DELICATESSEN

Cloughs Delicatessen (s) Flaneur (s) Grape & Grain (s)

#### GAME

Bowders Game Shop (s) Chanctonbury Game (s)

#### **FISH**

The Fresh Fish Shop (s) Denniker Farm Shop (s)

#### **SPECIALIST**

Paynes Southdown Bee Farms Ltd (s) Sussex Gold

#### MFAT

Little Warren Farm (s)
Oathall Community College School Farm (s)
Old Spot Farm Shop (s)
Plumpton College
S K Hutchings (s)
The Oaks Poultry Farm (s)
The Old Dairy Farm & Shop (s)

#### FARM SHOPS

Denniker Farm Shop (s)
Holmans Bridge Farm (s)
Lower Laines Organic Farm (s)
Old Mill Farm (s)
Paternosters Farm (s)
Plawhatch Farm Shop (s)
Swains Farm Shop & Garden Centre (s)
Tablehurst Farm Shop (s)
The Union Jack Farm Shop (s)
Townings Farm (s)
Tulleys Farm (s)

### FRUIT, VEG & HERBS

Sidnye Farm

Besmoke Fletching Glasshouses Noanahs Organics Sewards Strawberries Staplefield Organics

#### **PRESERVES**

Barties Sussex Faire Manjira Ltd Ouse Valley Foods Richard Markwick Honey

#### **DRINKS**

Bolney Wine Estate Court Gardens Farm Dark Star Brewing Co Grape & Grain (s) Harvey & Son Ltd (s) Plumpton College Ridgeview Wine Estate World Coffee

### **GENERAL / MISC.**

Greens
Handcross Hardware & Craft (s)
Sparks Farm (s)
Wealden Stores (s)

#### PREPARED FOODS

The Intolerable Food Company

(s) denotes a shop

## **Jute Shopping Bag**



Our stylish new, sturdy jute shopper is available to buy in local shops and at our regular monthly market. It's big, beautiful and the Cuckfield logo gives it an extra special touch. Best of all, you can pick one up for just £2 at the following places:

- The Cuckfield Local Food Market
  - Cottage Flowers
    - Curtain Scene
      - Flaneur
      - Hairsmiths
    - Sparks Farm
    - Sussex Crafts
  - Wealden Stores

In its lifetime, one jute bag can replace over 600 plastic bags, saving 10kg of CO2 emissions and safeguarding our environment.

### **ABOUT 'CUCKFIELD LOCAL'**

We are a group of like-hearted volunteers, living in and around Cuckfield, who believe that the lifestyle changes we make at a local level not only make a real difference to our community, but also contribute to positive global change.

### Help us work together to:

- Make Cuckfield sustainable
- Buy local, seasonal produce
- Make Cuckfield plastic-bag free
  - Use local resources
  - Become energy efficient
  - Share skills and equipment
- Support our local environment

### We aim to achieve these goals by creating:

- A regular market with local produce
  - A list of local producers
    - More allotments
  - Ways to share excess produce
    - Community fruit trees
  - Swaps of skills and equipment
    - Foraging walks

Find out more from our blog

# http://cuckfieldlocal.wordpress.com

OR

Meet volunteers on the 'Exchange Stall' at our monthly market held in the courtyard of The Talbot Pub, every 2nd Saturday of the month.

New joiners most welcome!

# Back page for any Calico advertising as per agreement

Please mention that this has been printed on recycled paper using toxin free / low toxicity ink (as applicable).